



# The Power of Leadership for Managers Level Course

## Venue Information

---

**Venue:** London UK

**Place:**

**Start Date:** 2026-08-11

**End Date:** 2026-08-15

## Course Details

---

**Net Fee:** £4750.00

**Duration:** 1 Week

**Category ID:** MAL

**Course Code:** MAL-135

## Syllabus

---

### Course Syllabus

#### Introduction:

Welcome to "**The Power of Leadership for Managers Level**" This five-day journey is designed to provide managers, like you, with the tools, insights, and strategies required to excel in leadership roles within your respective organizations.

Leadership is an art as much as it is a science. As managers, you already possess skills to oversee processes, optimize resources, and ensure tasks are executed efficiently. However, in the rapidly evolving landscape of the modern workplace, there's an increasing demand for managers to also be influential leaders - individuals who inspire teams, drive innovation, and navigate challenges with vision and emotional intelligence.

Over the next five days, we will delve deep into the nuances of leadership. From understanding foundational leadership theories to harnessing the power of emotional intelligence; from leading dynamic

you not only understand leadership concepts but also imbibe them into your day to day life.

By the end of this course, our aim is for you to have a holistic understanding of leadership and to feel empowered to foster growth, inspire change, and pave the way forward for your team and organization.

## **The Course Outlines:**

### **Day 1: Foundations of Leadership**

#### **Introduction and Objectives**

- Understanding the distinction between managers and leaders
- Discussing the relevance of leadership for managerial roles

#### **The Evolution of Leadership Theories**

- Trait theory
- Behavioral theory
- Contingency theory
- Transformational leadership

### **Day 2: The Emotional Intelligence of Leaders**

#### **Introduction to Emotional Intelligence (EI)**

- The importance of EI in leadership
- The five components of EI (based on Daniel Goleman's model)

#### **Empathy in Leadership**

- Understanding and practicing active listening
- The value of feedback
- Building Emotional Resilience

### **Day 3: Leading Teams and People**

#### **The Dynamics of Team Leadership**

- Building and maintaining trust within teams
- Leveraging individual strengths for collective success

#### **Managing Conflict**

- Sources of conflict
- Strategies for conflict resolution
- Activity: Team-building exercises

#### **Mentoring and Coaching: Developing Others**

- The value of continuous learning and development

- Types of change: Incremental vs. transformative
- The role of leadership in guiding change
- The Change Curve: Understanding reactions to change

### **Leading Through Uncertainty**

- Strategies for managing uncertainty and ambiguity
- The importance of communication during change

## **Day 5: Strategic Vision and Communication**

### **The Importance of Vision in Leadership**

- Crafting a compelling vision
- Aligning team and organization to the vision

### **Effective Communication Strategies**

- Verbal and non-verbal communication
- Tailoring communication to different audiences

### **Leading with Integrity and Ethical Consideration**

- Course Conclusion and Forward Planning
- Creating a personal leadership development plan
- Reflections on the course and evaluations
- Closing remarks and next steps for participants